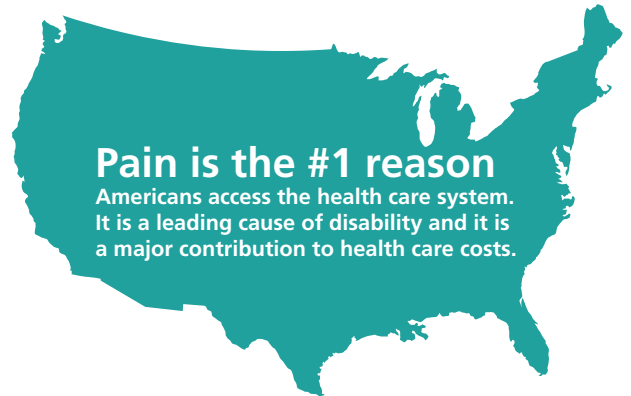




## SEPTEMBER IS PAIN AWARENESS MONTH

**CHRONIC PAIN** is defined as ongoing or recurrent pain, lasting beyond the usual course of acute illness or injury or **more than 3 to 6 months** and which **adversely affects the individual's well-being.**



# 100 MILLION



## Suffer from Chronic Pain

More than Diabetes (26 Million), Heart Disease (24 Million), and Cancer (13 Million) combined.

### Adults with low back pain:

**3X** more likely to be in fair or poor health

more than **4X** as likely to experience serious psychological distress as people without low back pain



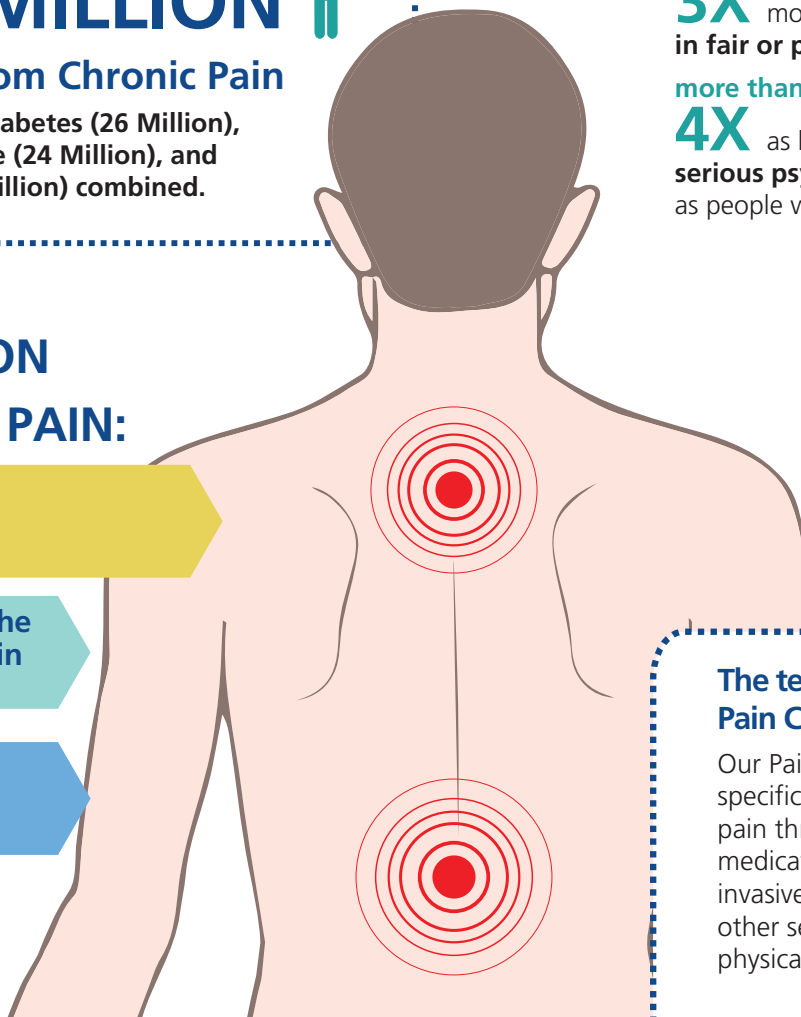
## 4 COMMON TYPES OF PAIN:

Low Back Pain  
27%

Severe Headache or Migraine Pain  
15%

Neck Pain  
15%

Facial Pain  
4%



## Impact of Chronic Pain On Quality of Life:

- Depression
- Trouble concentrating
- Low energy level
- Inability to sleep well

### The team at the Memorial Pain Clinic are here to help.

Our Pain Management provider is trained specifically to address acute and chronic pain through a balanced approach of medication management, minimally invasive interventional procedures, and other services in the community like physical therapy.



CALL 989-729-4190 TO SET UP A TIME TO TALK WITH DR. GUGLANI, OR FAX A PATIENT REFERRAL FORM TO 989-729-4971.